HELLO TO ALL PARENTS AND OTHER IMPORTANT ADULTS!

Is a child or young person close to you taking part in Skoljoggen? How fun! Since 1982, children and young people all over Sweden have participated in Skoljoggen, and this year it's time again.

SKOLJOGGEN

Skoljoggen, organised by the Swedish School Sports Federation, is Sweden's largest fun run for children and young people and is held every autumn in schools across the country. Students from preschool class through upper secondary school take part on their own terms. They can run, roll, jog, trot, or walk, the choice is theirs. Skoljoggen is not a competition. It is a celebration of the joy of movement and physical activity for everyone!

SPRINGSLANTEN - FOR AJABAJACANCER

In connection with Skoljoggen, there is an opportunity to collect a voluntary donation, called Springslanten, from participating pupils, school staff, parents, and others. While the pupils are being active, they are also doing something good for other children. The money collected through Springslanten in 2026 will be used to support the non-profit organisation AjaBajaCancer.

When a child is affected by cancer, life is turned upside down. AjaBajaCancer helps make everyday life easier for families living with childhood cancer. They provide families with financial, psychological, and social support, for example through grocery gift cards, tickets to events, or counselling support.

Questions about Skoljoggen?
Contact: skoljoggen@skolidrott.se.

Visit Skoljoggen.se to learn more.